



Equip delivers eating disorder treatment that works - at home

We've built upon Family-Based Treatment, the leading evidence-based treatment, to help our patients achieve lasting recovery

60%

of patients see reduction of eating disorder symptoms by 4 weeks

98%

of patients remain in treatment after 4 weeks

1.1 lbs

average weight gain per week

Easy referrals for eating disorder care

Reach out to the Equip clinical team at refer@equip.health for a free screen or consultation

No wait list!

Eating disorder signs & symptoms

- Precipitous weight loss or gain
- Lack of expected weight/height gain for growth curve
- Amenorrhea or menstrual irregularities
- Excessive exercise or extreme physical training of any kind
- Disinterest in foods previously enjoyed
- Stomach aches or constipation
- Inappropriate dieting or attempted weight loss behaviors
- Demonstration of compensatory behaviors (vomiting, dieting, exercise, use of diet pills or supplements, laxatives, etc)



Equip treats patients ages 6-24 with

- Anorexia nervosa
- Bulimia nervosa
- Binge eating disorder
- ARFID
- Atypical eating disorders

We take insurance - because recovery should be accessible