



2021 Annual Report of the National Latinx Psychological Association

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2022 Past President of NLPA
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Our Mission

is to create a supportive professional community that advances psychological education and training, science, practice, and organizational change to enhance the health, mental health, and well-being of Hispanic/Latinx populations.

Our Objectives are:

1. Generate, promote, and advance Latinx Psychology in the United States and globally;
2. Cultivate relevant and effective psychological science, practice, education, and training in order to build knowledge, foster research, and/or promote culturally competent delivery of services;
3. Promote and encourage the efforts of professionals that have demonstrated a sustained commitment and dedication to Latinx Psychology through exceptional research, practice, and/or education and training efforts that have contributed to the discipline/field and/or to the health and well-being of Hispanic/Latinx communities/populations;
4. Encourage the educational and professional advancement of Latinx psychologists and students by identifying and reporting on research, education, and training programs that effectively prepare Latinx psychologists and facilitate cooperation among them;
5. Cultivate and promote open communication with members and leaders of Latinx communities, organizations, institutions, and society at large for our mutual education and understanding;
6. Promote awareness and understanding of issues and concerns that Latinx psychologists, students, and/or mental health professionals might have related to their personal, educational and/or professional experiences;
7. Encourage and assist in the advancement of psychological science, knowledge, research, practice, education, service, and training that educates, informs, and influences public knowledge and awareness of Latinx Psychology, as well as public/institutional policy-makers that may be relevant to and/or affects Latinxs at the national, regional, state, and local levels.

Membership Categories:

NLPA does not restrict membership to anyone, everyone is welcome to join (you do not need to be of Latinx heritage to join). NLPA encourages professionals to invite fellow colleagues, students, undergraduates and graduates to join NLPA. The following are the membership categories:

- Institution
- Professional
- Early Career Professionals
- Student
- Lifetime Member

Membership Benefits:

- Receive the NLPA Newsletter called Latinx Psychology Today Bulletin published twice a year
- Receive the Journal of Latinx Psychology published quarterly each year
- Access to NLPA Electronic Communication List
- Special member prices for biennial conference and job postings
- Voting privileges
- Networking opportunities
- Mentoring Opportunities
- Opportunity for advocacy and mentorship in Latinx psychology
- Receive the approved all minutes of the NLPA Leadership Council Meetings for transparency and enhancing communications of NLPA business.

Total Membership as of December 31, 2021:

There was a total of 614 active members in NLPA. Among these 10 were Institutional members, 98 were Professional Members, 117 were early career Professional, 248 were graduate students, 53 were undergraduate students, 77 were lifetime members, 9 were allied members and 2 were international members.

NLPA's Special Interest Groups (SIG)

One of the many benefits of joining our members is access to our multiple SIGs. SIGs create an opportunity for NLPA members to collaborate around similar clinical, research, and service interests. Current membership in NLPA is required for membership in a SIG. Below is a list of our current SIGs who meet throughout the year.

- Bilingual Issues in Latinx Mental Health SIG
- Evidence Based Practice with Latinx Populations SIG
- Latinx Child, Adolescent, & Family Psychology SIG
- Mentor/es y Líderes: Mirando hacia el Futuro SIG
- NLPA Neuropsychology SIG
- Orgullo Latinx: Sexual Orientation and Gender Diversity SIG
- NLPA International SIG
- Undocumented Immigrant Collaborative SIG
- Afro-Latinx SIG

More Information about NLPA can be found on the website: www.NLPA.ws

Activities During the 2021 Calendar Year:

- Publication and distribution of the NLPA Newsletter called Latinx Psychology Today Bulletin published twice during 2021.
- Publication and distribution of the NLPA Professional Journal published quarterly throughout the year
- Participated in the creation and development of a new #WellnessForAll Ad Campaign during Black, Indigenous, and other people of color mental health month with the alliance of all the National Ethnic and Racial Psychological Association and administered and convened by Provoc in Washington, D.C. with the collaboration of Facebook and Providence Health. This was a new, large scale national digital Ad Campaign available on Facebook and Instagram to drive awareness of and access to mental health resources for BIPOC communities. Its purpose was to shift the mental health narrative and empower healing for Black, Indigenous, and other People of Color during BIPOC Mental Health Awareness Month during the summer of 2021.

This groundbreaking campaign marks the largest and most expansive outreach campaign ever for BIPOC Mental Health Awareness Month. The campaign provided support for African American/Black, Latinx, Asian American and American Indian/Native American/Alaskan Native communities by providing mental health wellbeing resources and information uniquely tailored to their communities and cultural experience. There were over 31 million viewers saw this Campaign with about one million engaging in the NLPA portion of this campaign. Meta also known as Facebook gave NLPA \$10,000 as a donation for participating in this campaign.

- During October 2021 NLPA received the final self-study report from the Obsidian Consulting Group who examined the status of racism within NLPA and made recommendations for enhancing inclusion and awareness of racism within the organization. A NLPA webinar entitled Race, Racial Identity & Racism: Persistent challenges for Latinxs in Multicultural America was offered on April 13, 2021, to start a process of healing and discussion of these complex issues for NLPA.
- Throughout 2021 NLPA redesigned its website and launched the redesign with the assistance of a NLPA subcommittee along with AMC Source Staff.
- The NLPA Leadership Council met monthly to conduct and oversee the business of NLPA.
- Elections and appointments were made for vacancies within the NLPA Leadership Council throughout the year in accordance with the by-laws.
- NLPA had its annual conference virtually due to the COVID pandemic during the month of October 2021 with peer reviewed presentations recommended by its Scientific Conference Committee for those who responded to a call for program for this conference. The conference

theme was entitled “Pa’lante: Fostering Health Equity and Policies”. A total of 391 persons registered for the 2021 NLPA Conference which is one of the largest numbers attending an NLPA conference in its history. It showcased a total of 65 sessions with numerous presenters and NLPA gave several awards at this conference. All presentations submitted followed a format that complied with the offering of continuing education units that were recorded and made available on the NLPA website after the conference. Poster presentations were accepted for the conference. Early career professionals and students were encouraged to submit proposals. The 2021 NLPA Conference participants and NLPA members can view videos on demand for continuing education made available on NLPA website www.NLPA.ws.

- NLPA is planning its 2022 conference to be held in person at the Westin Hotel in Denver Colorado during the month of October 2022.
- NLPA participated in the White House Special Health Equity and COVID-19 meetings with National Hispanic Medical Association (NHMA).
- NLPA selected a candidate as a fellow for the NLPA Leadership Development Institute. This candidate later became appointed to the NLPA Leadership Council as Senior Policy Advisor.
- NLPA endorsed, cosigned, and developed several statements that coincided with the Mission and objectives of the organization. Some of these included:
 - a) Racism and Issues related to Asian Americans,
 - b) Protection for LGBTQ+ students at Religious Colleges and Universities to the U.S. Department of Education,
 - c) Coalition for Food Security in Puerto Rico, Domestic Workers Bill of Rights,
 - d) Latina Equal Pay Day of Action (October 21, 2021) provided by Justice for Women,
 - e) Impact of forced family Separation and Detention on Immigrant Communities,
 - e) A letter to the Federal Trade Commission created by the National Hispanic Media Coalition to change rules for would address privacy rules and discriminatory practices and provide clear safeguards around data collection and use,
 - f) NLPA cosigned a letter generated by the Hispanic Federation urging the Biden administration to treat U.S. citizens living in Puerto Rico equitably by asking them to stop fighting two 1st U.S. Circuit Court of Appeals decisions which held that denying residents of Puerto Rico equal access to federal safety-net programs like SSI, Supplemental Nutrition Assistance Program (SNAP), and the Medicare Part D Low-Income Subsidy (LIS) was both discriminatory and unconstitutional.
- NLPA received an MOU and contract from the California Association of Marriage and Family therapists regarding to create a statement on the forced family separation and detention on immigrant communities.
- NLPA received funding from Facebook for its participation in the #WellnessForAll national Campaign.
- Immigration guidelines were reviewed and approved in 2021.

- NLPA’s researchers completed their report on COVID among Latinx Communities in the U.S. that was funded by the National Urban League.
- NLPA created a Job Board on its NLPA website where job announcements can be posted. This would create a revenue stream for NLPA of which NLPA receives 70% and 30% goes to Memberclicks where the NLPA site is located and managed on the internet.
- Additions of two new positions to the NLPA Leadership Council who will be elected and voting members of NLPA was voted by the members and created.
- A call for nominations for appointments to the NLPA Task Force on the recommendations of the Obsidian Report. This task force has met on March 29, 2022. Once approved minutes of the task force meeting will be sent to the NLPA membership.
- NLPA has an MOU to provide grant reviewers to Loyola Marymount University and NLPA selected reviewers will be paid. The total amount of the contract is \$12,000 and NLPA entered into this agreement on September 30, 2021.
- NLPA President met with the President of APA, Past President, and President-elect to facilitate collaboration between the organizations.
- The NLPA President, Eduardo Morales, PhD, was awarded the 2021 Leadership award from the National Hispanic Medical Association (NHMA) which fostered a relation between NLPA and NHMA for future participation and collaborations.
- The Health Equity and Disparities SIG we have submitted two SIG-related symposiums, plan to meet as a SIG at our upcoming convention and have some really neat ideas that will be made public soon. This SIG also plans to make a call to all our NLPA members to fill our open positions

Financials for December 31, 2021, Calendar Year:

- Based in information from NLPA’s Balance Sheet the Total Liabilities and Net Assets for December 31, 2021, were \$369,958.18 of which \$11,599.65 were the total liabilities and total net assets were \$358,358.53.