National Latina/o Psychological Association 2010

Latinas: Celebrating the Psychological Strength and Resilience of Latina Women and Girls

November 11-13, 2010, San Antonio, TX
On the Cover

The woman on the cover was named Judith Silva Perez (1930-2007). She was born in Honduras; the illegitimate daughter of a British father and an Austrian-Honduran mother. In the early 1970s she immigrated to Houston, Texas with her husband and 6 children. Her husband returned to Honduras a few years later. As with most immigrants, they struggled but had a better way of life and held on strongly to their Honduran heritage. By the end of her life, she had retired as the principal accountant for an Argentinean oil company in Houston. She had a modest upbringing but was determined to make something of her life. Judith was a strong woman, a “luchadora,” and she was greatly loved and admired by many. This painting was done by Stanley Bermudez as a gift to me; his wife. I am an assistant professor of Marriage and Family Therapy at UGA. Stanley Bermudez is also an immigrant from Maracaibo, Venezuela and an artist with twenty-five years of experience in the visual arts. Judith was my mother and my research on Latina parenting was inspired by this tremendous woman. It is a great honor having her on the cover of the NLPA conference program.

~ J. Maria Bermudez, Ph.D.

"Judith Silva Perez"
Acrylics on Canvas
30" x 24"
2008
Artist: Stanley Bermudez Moros
Website: www.stanleybermudez.com
Email: stanley_bermudez@yahoo.com

Program created by

Rachel Navarro and Loreto Prieto
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Conference Coordinator

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The CEW is guided by the vision of the School of Education to be a center of excellence in the promotion and integration of educational, psychological and physical well-being in multicultural communities. The mission of the School of Education is to produce knowledge and train the next generation of leaders, researchers, and agents of change in education and the community.

The vision of the Center is to become an international and interdisciplinary center for the study and promotion of community and educational well-being. Our mission is to prevent educational, psychological, physical, and social problems and to promote well-being in individuals, relationships, organizations, and communities through interdisciplinary research, university-community partnerships, professional development, and consultation.
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In honor of Sra. Isabel Delgado

Sra. Isabel came to the United States from Colombia, and although she never went to college, made sure her son was able to get an education. You are the example of psychological strength and resilience of the Latina woman. Your family celebrates you!
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Incorporating Diversity Across the Curriculum
Edited by Regan A. R. Guarang and Loreto R. Prieto
How do we educate our students about cultural diversity and cultural differences, and eliminate cultural ignorance, stereotyping, and prejudice? This resource offers practical techniques and empirically proven “best practices” for teaching about diversity.

Ethnicity in College
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Anna M. Ortiz and Silvia J. Santos
“A significant contribution to the literature on identity, diversity, and education.” —Diversity & Democracy (AACU)
“Ortiz and Santos accomplish their goal of discovering how college students make meaning of their ethnicity in a multicultural world. All involved in higher education need to be aware of students’ need to develop and express their ethnic identities. This invaluable resource is a must read. Essential.” —Choice
Paper, 978-1-57922-332-2, $35.00

Sentipensante (Sensing/Thinking) Pedagogy
Educating for Wholeness, Social Justice and Liberation
Laura L. Rendón
Foreword by Mark Nepo
“Challenging, inspiring, beautifully written and unusual, this book calls readers to find ways to link mind and heart—thinking and feeling—to transform teaching and learning in higher education. The book or any of its individual chapters can be used by individuals thinking through their own values and practices, in classes designed to prepare future faculty members, or in faculty development programs organizing dialogues about teaching and academic life, an important, thought-provoking, and unique addition to the literature on teaching, learning, and the academic life.” —The Review of Higher Education
Cloth, 978-1-57922-335-3, $27.50

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- Inclusión de subpruebas nuevas para la evaluación de las funciones neuropsicológicas de memoria de trabajo y velocidad de procesamiento
- Propiedades psicométricas mejoradas basadas en investigaciones recientes y en los cambios en la práctica de la psicometría contemporánea
- Mayor capacidad para evaluar a clientes de bajo funcionamiento al extenderse los límites inferiores de las subpruebas
- Actualización de los reactivos y de los estímulos para asegurar relevancia cultural

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President's Welcome

On behalf of the National Latina/o Psychological Association, I welcome you to our 4th biennial conference in San Antonio, TX. NLPA was reformed in 2002 in the tradition of the former National Hispanic Psychological Association. NLPA is one of the five national ethnic minority psychological associations and our conferences are the focal points for our energy and commitment to research, practice, mentoring and service with Latino/a professionals and students.

The theme of this conference is Latinas: Celebrating the Psychological Strengths and Resilience of Latina Women and Girls. I will speak more about this theme during my presidential address, but it should be readily apparent the role that Latina NLPA members have had in the organization and across professions. Our keynotes, Melba Vasquez and Patricia Arredondo are trailblazers and continue to make history with their visionary leadership. During this conference you will find many formal and informal venues for interaction and networking. I encourage you to make sure you get the most out of our time together and bring the energy of NLPA back home with you. Also don't forget to enjoy the Riverwalk and the hospitality of our hotel and host city.

This conference would not be possible without our sponsors and the many volunteers that have worked for two years to make this possible. Please, participate fully and help make this conference a memorable event. I look forward to meeting you during our stay in San Antonio.

Edward A. Delgado-Romero, Ph.D.
President, 2009-2011
2008-2010 NLPA Executive Committee

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NLPA is pleased to offer attendees the chance to earn continuing education credits (CEs) this year at the conference. Sessions that qualify for CE credits will be identified by the symbol (CE*) with the number of available credits listed alongside the symbol.

Please make note of the policy below, held by the Texas Psychological Association, concerning the earning of CEs. All attendees are responsible for being aware of the policies concerning reciprocity and the earning of CEs held by the state within which they hold licensure or other certification. Neither NLPA, Abrazo Marketing, nor any of the other entities responsible for sponsoring or presenting this conference accept any liability whatsoever for errors or any resultant problems with the earning or final certification of CE credits by attendees at this conference.

Texas Psychological Association Statement of CEs

All continuing education has been reviewed by the Texas Psychological Association for relevancy. In the professional opinion of TPA’s representative, all CE listed within this program qualifies for TSBEP continuing education. Please note: All continuing education submitted to TSBEP by licensees (quoting from Rules and Regulations of TSBEP) “must be directly related to the practice of psychology. The Board shall make the determination as to whether the activity or publication claimed by the licensee is directly related to the practice of psychology.” TSBEP makes all final determinations regarding qualification of CE for its licensees. TSBEP does not pre-approve continuing education credit or providers of continuing education.

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Assistant Executive Director
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Our Keynote Speakers

At this year’s conference, we are pleased to have two stellar keynote speakers, Dr. Patricia Arredondo and Dr. Melba Vasquez.

Patricia Arredondo, Ed.D. is Associate Vice Chancellor for Academic Affairs, Interim Dean for the School of Continuing Education and Professor of Counseling Psychology in the School of Education at the University of Wisconsin-Milwaukee. Patricia has held leadership positions in many national and local professional organizations. She served as President of the American Counseling Association, American Psychological Association Division 45 Society for the Psychological Study of Ethnic Minority Issues, National Latina/o Psychological Association, Association of Multicultural Counseling and Development, and the Latino Professional Network of Boston. Patricia has received numerous awards. She holds Fellow status with Divisions 17 and 45 of the American Psychological Association and is a recipient of an honorary degree from the University of San Diego. She was named a “Living Legend” by the American Counseling Association for her extensive contributions to the realm of multicultural counseling. In 2009, she received the Lifetime Achievement Award from APA Division 45. She is a licensed psychologist and bilingual in English/Spanish.

Melba Vasquez, Ph.D. is a psychologist in full-time independent practice in Austin, Texas, and is the President-Elect of the American Psychological Association. She is the co-author, with Ken Pope, of Ethics in Psychotherapy & Counseling: A Practical Guide (1998) and of How to survive and thrive as a therapist: Information, ideas and resources for psychologists in practice (2005). She is a former president of the Texas Psychological Association, APA Divisions 35 (Society of Psychology of Women) and 17 (Society of Counseling Psychology). She is a Fellow of the APA and holds the Diplomate of the American Board of Professional Psychology (ABPP). She has received numerous awards, including: the 2004 James M. Jones Lifetime Achievement Award, American Psychological Association; the 2003 Psychologist of the Year, Texas Psychological Association; the 2002 Senior Career Award for Distinguished Contributions to Psychology in the Public Interest, American Psychological Association; and the 2000 Distinguished Leader for Women in Psychology Award, Committee of Women in Psychology, American Psychological Association.
Pioneras in Latino/a Psychology

At this year's conference, we honor two pioneers in Latino/a psychology, Dr. Lillian Comas-Díaz and Dr. Nadya Fouad.

**Lillian Comas-Díaz, Ph.D.** is the Executive Director of the Transcultural Mental Health Institute, a Clinical Professor at the George Washington University Department of Psychiatry and Behavioral Sciences, and a private practitioner in Washington, D.C. The former director of the American Psychological Association's Office of Ethnic Minority Affairs, Dr. Comas-Díaz was also the director of the Yale University Department of Psychiatry Hispanic Clinic. She is the senior editor of two textbooks, *Clinical Guidelines in Cross Cultural Mental Health*, and *Women of Color: Integrating Ethnic and Gender Identities in Psychotherapy*. Additionally, she is the Founding Editor in Chief of the American Psychological Association Division 45 official journal, *Cultural Diversity and Ethnic Minority Psychology*. She is a member of numerous editorial boards, and currently serves as an Associate Editor of the *American Psychologist*.

**Nadya Fouad, Ph.D.** is a Distinguished Professor and Chairperson of the Department of Educational Psychology, University of Wisconsin @ Milwaukee. Her research is in the areas of vocational assessment, vocational interests, and career development. She is interested in how culture and gender affect career development. Fouad is past president of The Society of Counseling Psychology (17) of the American Psychological Association, past chair of Council of Counseling Psychology Training Programs, and past chair of the Board of Educational Affairs of the American Psychological Association. She is editor of the Counseling Psychologist. Fouad earned her Ph.D. in counseling psychology at the University of Minnesota.
Establishing a Cross-Cultural Forensic Training Center at the Northwest Immigrant Rights Project
Claudette S. Antuña & Daysi Lorena Brown
Argosy University, Seattle

Multicultural Considerations for Coming-Out: A Solution-Focused Approach.
Laurel H. Bluntzer & Amy Damon
Our Lady of the Lake University

Psychology Degree Programs at Hispanic Serving Institutions
Alicia Brown & Edward Delgado-Romero
University of Georgia

Relationship between Depressive Symptoms and Metabolic Syndrome Factors among Latino Men and Women
Cristalís Capielo, Elias Querales-Mago, Felix Hernandez, Miriam Gutt, Judith R. McCalla, Ronald Goldberg, Marc Gellman, & Neil Schneiderman
University of Miami

The Experience of Undocumented Immigrant Female Youth in a United States Shelter
Alanna M. Carrasco
Our Lady of the Lake University

Latina Power and Resilience: The Case of a Latina Grandmother and her Granddaughters
Martha M. Chichil & Celina Gonzalez
Our Lady of the Lake University

Latinas and Marital Naming Practices
Ashley N. Cooper
Our Lady of the Lake University

Transition into College Among Latino Students: Effects of Participating in a Cultural Outreach Program
Alexandria G. Delgado & Jutta Heckhausen
University of Wisconsin-Madison

Storying Teen Pregnancy: Se comió la torta antes del recreo
Daniela Dominguez & Gabriela Núñez
Our Lady of the Lake University

Anxiety, Stress, and Culture-Bound Syndromes: The Roles of Gender and Culture
Kelly Duron & Sharon R. Jenkins
University of North Texas
Latina Youth Gang Involvement: A Social Justice Perspective
Ainara Echanove & Adrian Sanchez
Pacific University

The Home Literacy Environment: What We Know
Ivonne Estrella, Cindy Adame, & Jorge E. Gonzalez
Texas A&M University, College Station

La Familia Latina es Primero: Exploring the Influence of Racial Identity on Latino Familistic Attitudes
Michelle P. Flores & Eric L. Kohatsu
University of Illinois, Urbana-Champaign & California State University, Los Angeles

Dominican Perceptions of the US Healthcare System
Selina Guerra & Christine Tisone
Texas A&M University, College Station

Creating a Field Practicum Placement in the Dominican Republic
Selina Guerra
Texas A&M University, College Station

Psychosocial Determinants of Metabolic Syndrome: A Cross-Cultural Study of Mexican and Mexican American Diabetics
Julio Guerrero, Ranjita Misra, & Steve Riechman
Texas A&M University, College Station

Latino Parenting Styles
Kimberly G. Litwinowich
Our Lady of the Lake University

Cross-Cultural Conversation Project: Reflecting on Migration, Language, and Social Change in Two Bilingual (English-Spanish) Therapist Workshops
Sylvia London
Grupo Campos Elíseos, Mexico & Houston Galveston Institute

ALAS: A Pilot After School Program for Spanish Speaking Latino Students
Ellen Hawley McWhirter, Benedict T. McWhirter, Cynthia Medina, Karina Ramos, Kate Margolis, Lindsey Brown, & Adalberto Montes
University of Oregon

A Retrospective Evaluation of a Culturally Sensitive Prevention Program for Latino Youth
Carla S. Moore, Edward Delgado-Romero, Pierluigi Mancini, & Michelle Zelaya
University of Georgia
NLPA 2010 Conference Program Schedule
9.20.2010 (Revised)

Preconference

Thursday, November 11, 2010

9:00 – 12:00
   a. AM 1: Ethics - Ethics and Cultural Responsiveness: Latina/o Specific Considerations and Guidelines
      i. Miguel Gallardo & Melba Vasquez

   b. AM 2: Psychopharmacology - Psychopharmacology with Latino Patients: Depression, Co-morbidities, and Access To Treatment in Hispanic Populations
      i. Pedro Delgado

Lunch on your own

1:00 – 4:00
   c. PM 1: Treatment - Therapy with Latino clients & families: Considering identity and the complexity of diversity
      i. Milton A. Fuentes & Héctor Y. Adamés

      i. Alex Quiros

   e. PM - Student Programming (Student and Research)

6:00 – on  
   OLL reception and Poster Session**(separate list of titles, authors, and rooms will be provided)
**Conference**

SYM: Symposium  
SYM-ST: Symposium-Student Track  
SYM-S/ECPT: Symposium-Student & ECP Track  
PR: Paper  
RT: Roundtable  
RT-ST: Roundtable-Student Track  
RT-ECPT: Roundtable-Early Career Psychologist Track  
RT-S/ECPT: Roundtable-Student/Early Career Psychologist Track  
* = CEU sessions

**Friday, November 12, 2010**

7:45-9:00  
**Opening Ceremonies with Continental Breakfast** (Navarro A)

8:00-8:15  
Opening Remarks by NLPA President, Edward Delgado-Romero  
*Latinas: Celebrating the psychological strength and resilience of Latina women and girls*

8:15-9:00  
Keynote Speaker: Melba J. T. Vasquez  
*The first…of many: Promoting leadership among Latinos/Latinas*

**FRIDAY 9:15-10:30**  
**Breakout Sessions** #1

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<tr>
<th>Room</th>
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<th>Presenters</th>
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<tbody>
<tr>
<td>Lantana</td>
<td>SYM-ST</td>
<td>Doctoral Psychology Internships: Preparing, Applying, and Interviewing</td>
<td>Roseanne Illes, Dean Coffey &amp; Lynda D. Field</td>
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| Encino  | SYM*         | Latina Motherhood: Young Professionals’ Reflections from the Borderlands 1. Making Difficult Choices but Seeing the Possibilities 2. Untenured and Still Changing Diapers: A New Mother’s Perspective 3. The Borderlands in Practice | Chair: Lisa M. Edwards  
1. Carrie Castaneda-Sound  
2. Lisa M. Edwards  
3. Geneva Reynaga-Abiko  
Discussant: Melanie Domenech-Rodriguez |
1. Melissa Morgan, J. Manuel Casas  
2. Gustavo Prado  
3. Ana “Pati” Cabrera |
| Madero  | SYM*         | Strengths Based Brief Therapy for Latinas | Chair: Monte Bobele  
Arnold Silve, Monte Bobele, Teresa |
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| Lantana    | PR      | 1. Cultural adaptation of an evidence-based trauma focused treatment for Latinos/as  
2. Helping all Latinas Achieve: A Qualitative Study of Latina Girls with Disabilities Transitioning from High School to Adulthood  
3. Latinas in Ohio Facing Challenges and Taking Action: A Community Based Program | 1. Tatiana Margarita Davidson, Michael A. de Arellano, Alyssa A. Rheingold, Carla Kmett Danielson, & Lauren Silcott  
2. Eleanor Gil-Kashiwabara  
3. Erendira Lopez-Garcia & Héctor Y. Adamés |
| Encino     | SYM-ST  | Funding: The Challenges and Triumphs for Latina/o Students Seeking Higher Education | Regina Armas, Michelle Cruz-Santiago & Johanna Malaret |
| Sabino     | PR      | 1. Latinas/os Perceptions of Diversity Climate at a Predominantly White Institution in Rural Ohio  
2. Factors Associated with the Academic Achievement of Latina/o College Students: A Strengths-Based Approach | Saúl Rivera & Angela D. Ledgerwood  
2. Laura G. Lara & Teresa M. McDevitt |
### Approach
3. Latinas’ sorority membership: Effect on self-esteem and ethnic identity

#### Madero
**SYM**
- Latina Undergraduate Coping and Wellbeing: A psychosocial framework

**Chair:** Jeanett Castellanos
**Discussant:** Alberta M. Gloria

- Ana Marie Salazar

#### Carranza
**PR**
- 1. The Theme of Suicidality and Survival in Latina Literature
- 2. Life is Precious: A Latina Adolescent Suicide Prevention Program
- 3. Attributional Style, Family Functioning, and Depression in a Sample of Low-Income Latina Women

1. Maria Antonia Rodriguez & Antonia García-Rodríguez
2. Rosa M. Gil
3. Monica Sanchez, Oswaldo Moreno, Ingrid Sarmiento, Tatiana Davidson, Rachel Isikawa & Esteban Cardemil

#### Navarro B
**RT**
- Countertransference: Latinas counseling Elder Latinas: ¡Que jovencita!

**Cynthia E. Guzmán, Andrea Ruiz, Dianna M. González, Patricia Arredondo, Maritza Gallardo-Cooper & Azara Santiago-Rivera**

#### Navarro B
**RT**
- Cross-Cultural Explorations of Gender Roles: The Case of Latinas

**Marie L. Miville, Lucinda Bratini & Marilyn Ampuero**

#### Navarro B
**RT**
- *La Malinche, La Llorona, and La Virgen de Guadalupe*: A Discussion on Mexican-American Female Archetypes in Film and the Telenova

**Laura K. Palmer, Jonathan W. Dator & Larissa A. Maley**

### FRIDAY 1:30-2:45

#### Breakout Sessions #3

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| Lantana  | PR   | 1. The Power of Two: Mothers and Daughters in *El Caribe*            | 1. Antonia García-Rodríguez & Maria Antonia Rodriguez
2. Sheila V. Graham, Dianna M. González, Rebecca Rangel, & Brenda Mejía
3. Jasmin Llamas & Melissa Morgan |
|          |      | 2. Transnational Motherhood: The impact of immigration related mother-child separation on Latina mothers |
|          |      | 3. The Importance of Family for Latina Undergraduates: Impacts of Experiences of Intragroup Marginalization on College Adjustment |
|          |      |                                                                      | 1. Lisa Y. Flores & Corinne Valdivia
2. Lisa Y. Flores, Monique M. Mendoza, Lizette Ojeda, Yuhong He, Rocio Rosales, Veronica Medina, Julie Wagner & Shiloh Jordan |
|          |      |                                                                      | 3. Rebecca Rodríguez & R. Lillianne Macias |
|          |      |                                                                      | 1. Lisa Y. Flores, Corinne Valdivia |
| Encino   | PR   | 1. Factors Affecting the Job Satisfaction of Latino/a Immigrants in the Midwest |
|          |      | 2. A Qualitative Inquiry of Latino Immigrants' Work Experiences in the Midwest |
|          |      | 3. Coping Strategies among Latino Migrant Workers |
| Sabino   | SYM-ST| Allanando El Camino: Mentoring Latina/o Students in Higher Education | Alberta M. Gloria, Jeanett Castellanos & Marla Delgado |
| Madero   | SYM* | Predictors of Mexican American College Women’s Mental Health 1. Career Decision Self-Efficacy and | Chair: Lizette Ojeda |
|          |      |                                                                      | 1. Natalia Jimenez, Lizette Ojeda & |

### Lunch (Navarro A)
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<tr>
<td>Navarro B</td>
<td>RT</td>
<td>Where's The Queer Escalera?: The Impact of Invisibility for LGBT Latinos in Psychology and Academia</td>
<td>Johanna Malaret &amp; Ron E. Durán</td>
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<tr>
<td>Navarro B</td>
<td>RT</td>
<td>Latina College Students: Meeting their needs</td>
<td>Valerie Minchala</td>
</tr>
<tr>
<td>Navarro B</td>
<td>RT</td>
<td>“She grew up in the Ghetto...” Classism and the Latina psychologist</td>
<td>Lynda D. Field  Shannon Chavez-Korell  Enedelia Sauceda</td>
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BREAK

FRIDAY 3:00-4:15  

Breakout Sessions #4

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<tbody>
<tr>
<td>Lantana</td>
<td>SYM-ST</td>
<td>Getting into Graduate School: The Master's and Doctorate</td>
<td>Melanie Domenech-Rodríguez, Azara Santiago-Rivera &amp; Ernestor Lira</td>
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### Well-Being

**Sabino**  
**SYM*  
Mentoring in Latina professional development: Lessons learned in the journey  
1. “Mentor-ing” Latinas in Professional Training: *Aprendiendo a Ayudarnos y Crecer*  
2. Mentoring Latina Students in a Master’s Counseling Psychology Program  
3. The Mentor/Mentee Relationship for Latina Doctoral Students  
Chair: Melissa L. Morgan  
1. Andres J. Consoli, Alejandra Gamez-Villanueva & Rosa Serpas  
2. Lucila Ramos-Sánchez & Carolina Cervantes  
3. Melissa L. Morgan, Ana Cabrera, Jasmin Llamas & Nelly González  

**Madero**  
**PR  
1. Multiple Identities: The Intersection of Womanist and Ethnicity in Latinas  
2. “It [discrimination] happens in a lot of places”  
3. The Role of Social Capital and Mediating Factors in Hispanic Student College Retention  
Chair: Melissa L. Morgan  
1. Erin Schwartz & Edward Delgado-Romero  
2. Nallely Galvan, Lydia P. Buki & Helen Neville  
3. Alexandra Shiu & Elizabeth D. Palacios  

**Carranza**  
**SYM*  
Counseling bisexual Latinos: a minority within a minority negotiating multiple identities  
Chair: Angelo Gómez  
1. Angelo Gómez  

**Navarro B**  
**RT  
Spirituality, *Mi compañía*: Healing for *Justicia* in our Community  
Laura Ortiz-Guillen, Laurene Domínguez & Belinda Hernández-Arriaga  

**Navarro B**  
**RT  
Why are there so few of us? A roundtable discussion on Latina Leadership  
Silvia L. Mazzula & Alexander Edward Quiros  

**Navarro B**  
**RT  
The Latina Immigrant Experience: Clinical Implications for Therapists in Training  
Rebecca Rangel & David P. Rivera  

**Navarro A**  
**RT-ST  
*Por Las Buenas or Las Malas*: Latinas share the good and the difficult experiences in pursuing an education and beyond  
Melba J.T. Vásquez & Ivelisse Torres Elvia Lorena Navarro  

**Navarro A**  
**RT  
Graduate Students of Color Teaching Multicultural courses  
Richard Martinez, Dianna M. González & Brady Garrett  

**Navarro A**  
**RT  
Made in L.A.: A Film & Roundtable Discussion Examining the Clinical, Pedagogical and Social Justice Implications  
Elisa Velásquez-Andrade, Héctor Y. Adames & Milton A. Fuentes  

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**FRIDAY 4:30-5:45  
Breakout Session #5**

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<tr>
<th>Room</th>
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<tbody>
<tr>
<td>Lantana</td>
<td>SYM-ST</td>
<td>The Dissertation Process from Start to Finish!</td>
<td>Shannon Chavez-Korell, Marie L. Miville &amp; Roseanne Illes</td>
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</tbody>
</table>
| Encino   | SYM*   | Adapting a multi-family trauma group treatment, Strengthening Family Coping Resources for use with Latino families | Chair: Rebecca M. Pasillas  
1. Laurel J. Kiser, Judy Gentry, Rebecca M. Pasillas, Blanca Nellie Hernández & Elida M. Bautista |
| Sabino   | SYM*   | Stress and Coping Among Latinas                                       | Chair: Lucas Torres                                                      |
### Living in the United States: Perspectives Across the Lifespan
1. **Beyond Expectations: The Cultural Context of Stress and Coping among Latina Adolescents**
   - 1. Lisa M. Edwards
2. **Contextual predictors of resilience against discrimination in Southwest Latinas: The role of student status**
   - 2. Mark Driscoll & Lucas Torres
3. **Risk and Protective Factors of Depressive Symptomatology Among Latinas**
   - 3. Kelly M. Moore & Lucas Torres

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<tr>
<th>Madero</th>
<th>SYM*</th>
<th>Issues in Mentoring Latina Doctoral Students</th>
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<td>1. Finding the Right Fit: Addressing the Needs of Non-traditional Students</td>
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<td>2. The Co-construction of Pivotal Moments for Academic Success</td>
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<td>3. Discovering Strengths through the Exploration of Intersecting Identities</td>
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<td>Chair: Gabriela Chavira</td>
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<td>1. Marta González</td>
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<td>2. Adriana Aldana</td>
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<td>3. Kristina Lopez</td>
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<tr>
<th>Carranza</th>
<th>PR</th>
<th>1. Stress and Coping Among Latina Professionals</th>
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<td>2. Chicana/o students' experiences in a Chicana/o counseling course</td>
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<td>3. Participant response and satisfaction to a culturally-appropriate depression prevention program for Latina mothers</td>
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<td>1. Leticia Arellano-Morales</td>
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<td>2. Manuel X. Zamarripa</td>
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<td>3. Tatiana Margarita Davidson, Saeromi Kim, Ingrid A. Sarmiento, Rachel Zack Ishikawa, Monica Sanchez, Sandra Torres &amp; Esteban V. Cardemil</td>
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<th>Navarro B</th>
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<th>Strength Based Group Approach with Spanish Speaking Latinas Survivors of Sexual Abuse</th>
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<tr>
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<td>Liliana Pizana, Maria del Carmen Vásquez-Sierra, Melva Torne-Boyd &amp; Karissa Gilmore</td>
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<th>Professional Identity and Language Experiences of Psychologists and psychologists-in-Training</th>
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<td>Dianna M. González, Laura Côté, Rachel L. Navarro &amp; Ivelisse Torres</td>
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<th>Preparing mental health professionals to work with Latinos: Promising training models</th>
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<th>Microaggressions in Higher Education</th>
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<td>Aracely Arellano, Anabel Bejarano, &amp; Nancy Arzate</td>
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<th>Mentoring and developing the Latina/o clinician through a bilingual consultation team</th>
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<td>Thomas Baez &amp; Enedelia Sauceda</td>
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<th>Navarro A</th>
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<th>Developing academic family through research teams: Educational comadres and madrinas</th>
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<td>Alberta M. Gloria ANDALE Research Team Jeanett Castellanos</td>
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5:30 – 8:30  **Student Movie, Discussion, and Pizza Night**

6:00 – on  **Dinner and Entertainment on your own**
Saturday, November 13th, 2010

7:45-9:00 Opening Remarks and Keynote with Continental Breakfast

8:00-8:15 Opening Remarks by NLPA President Elect, Dr. Milton A. Fuentes

8:15-9:00 Keynote Speaker: Patricia Arredondo
Latinas as transformative leaders

SATURDAY 9:15-10:30 Breakout Sessions #6

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<tr>
<td>Madero</td>
<td>SYM*</td>
<td>The cycle of gender role socialization for Latino/as</td>
<td>Chair: Nayeli Chavez Nayeli Chavez, Hector Torres &amp; Stephanie N. Evans</td>
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<tr>
<td>Carranza</td>
<td>SYM- S/ECPT</td>
<td>How to Successfully Navigate the Publication Process</td>
<td>Lisa Flores, Nadya Fouad &amp; Edward Delgado- Romero</td>
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<tr>
<td>Navarro B</td>
<td>RT-ST</td>
<td>Completing Your Undergraduate Degree: Navigation to Graduation</td>
<td>Elladean Moreno, Michelle Parisot, Muneebah Abdullah &amp; Ernestor Lira</td>
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<tr>
<td>Navarro B</td>
<td>RT</td>
<td>Latinas in Supervision: The impact of language and liberation processes</td>
<td>Edil Torres-Rivera Maritza Gallardo-Cooper</td>
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### Breakout Sessions #7

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<tr>
<td>Lantana</td>
<td>SYM</td>
<td>Latinas Supervising Latinas: No hay rosas sin espinas</td>
<td>Chair: Shannon Chavez-Korell, Lynda D. Field, Shannon Chavez-Korell &amp; Melanie M. Domenech Rodriguez</td>
</tr>
</tbody>
</table>
| Encino     | SYM*   | Risk and Protective Factors for Latina Adolescent Mothers and their Young Children | Chair: Josefin Grau  
1. Patricia Castellanos, Karalyn Swope, Erin N. Weller, Petra Duran & Josefin Grau  
2. Erin Weller, Quierra Lige, Petra Duran, Patricia Castellanos & Josefin Grau  
| Sabino     | SYM*   | Psychosocial and Cultural Factors in Predicting Health, Well-Being, and College Adjustment Among Latin@ Students | Chair: Roseanne Illes  
1. Roseanne Illes  
2. Gregory Benson-Florez  
3. William Reyes |
| Madero     | SYM*   | Marianismo: Theory, Measurement, and Clinical Application  
1. Construction and Validation of the Marianismo Beliefs Scale  
2. A contemporary perspective on marianismo: Validation of the Guzman Marianismo Inventory  
3. Clinical Considerations and Applications of Marianismo | Chair: Linda G. Castillo  
1. Linda G. Castillo  
2. Cynthia E. Guzmán & Rachel L. Navarro  
3. Araceli López-Arenas & Emilia O'Neill |
| Carranza   | PR     | 1. Promoting Resilience in Latina Breast Cancer Survivors with Lymphedema: The Role of Knowledge and Coping Strategies  
2. ¿Qué Viene Después?: Latina Women Diagnosed with Breast Cancer Twice  
3. Brave New World: Mental Health Experiences of Puerto Ricans, Immigrant Latinos and Brazilians in Massachusetts | 1. Lydia P. Buki, Zully Rivera-Ramos, Marlen Kanagui, Punnky Heppner & Lizette Ojeda  
2. Lydia P. Buki & Zully Rivera-Ramos  
3. Monica Sanchez, Esteban Cardemil, Sara Trillo Adams, Diane Gould, Ismael Rivera, Nancy Esparza, & Joanne Calista |
| Navarro B  | RT-ECPT| *Si, Se Puede!* Empowering Latina/o Early Career Psychologists to Achieve Self-Care and Wellness | Michelle Silva, Veronica Bordes, Tiffany Schiffner, Yolanda E. Gamboa, Carrie Castenda-Sound, Denise E. Francis Castenda-Sound, Laura Ortiz Guillen |
| Navarro B  | RT     | *Se pone nerviosa*-Maternal Ataques de Nervios Across Two Different Sites | Irene López & Marina Prado-Steinman |
| Navarro B  | RT     | Section for Bilingual Issues in NLPA                               | Dianna M. González, Elvia L. Navarro & Ivelisse Torres |

**SATURDAY 12:15-1:30**  
**Lunch & Latina Pioneers/Las Pioneras Panel** (Navarro A)  
Pioneras: Lillian Comas-Diaz & Azara Santiago-Rivera  
Moderator: Azara Santiago-Rivera
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<tr>
<td>Lantana</td>
<td>SYM-ST</td>
<td>Experiences of Undocumented Students</td>
<td>Martha Citlaly Gonzalez, Elvia L. Navarro &amp; Karina Ramos</td>
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| Encino    | SYM*    | The earthquake in Chile: Lessons learned on how to work with natural disaster victims | Chair: Angelo Gómez
            |                     |                                                                       | Carlos Zalaquett                                                          |
| Sabino    | SYM*    | The Incredible Years Parent Training Program: Expansion, Revision, and Results Bringing Evidence-Based Practices to Latino Families
            |                     | 1. Creating Faculty Champions and Sustainable Expansion of Evidence-Based Practices for Latino Families |
            |                     | 2. Results of the Incredible Years Parent Training Program with Latino Populations |
            |                     | 3. Revisions Enhancing the Cultural Utility of the Incredible Years Parent Training Model with Latino Families | Chair: Dean M. Coffey
            |                     |                                                                       | 1. Bradley O. Hudson |
            |                     |                                                                       | 2. Emily Haranin |
            |                     |                                                                       | 3. Dean M. Coffey |
| Madero    | SYM*    | Training and Supervision for Bilingual Therapists: Ethical Issues      | Chair: Laura L. Luna
<pre><code>        |                     |                                                                       | 1. Andres Consoli |
        |                     |                                                                       | 2. Azara Santiago-Rivera |
        |                     |                                                                       | 3. Ellen L. Vaughan |
        |                     |                                                                       | Discussant: Edward A. Delgado-Romero |
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<p>| Carranza  | PR      | 1. Latino Men and Depression: An Exploratory Study of Help-Seeking Behavior |
|                     | 2. A Group Model for Counseling Immigrant Adolescent Males |
|                     | 3. College and not Jail: An Exploration of Academic Success among Latino Immigrant Males from Impoverished Neighborhoods | 1. Esteban Cardemil |
|                     |                                                                       | 2. Andres Tapia |
|                     |                                                                       | 3. Michelle Cruz-Santiago |
| Navarro B | RT-S/ECPT| Latino Mental Health: Practitioners Sharing with Student and Early Career Professionals | Milton A. Fuentes, María Romero-Ramirez &amp; Jonathan Dator |
| Navarro B | RT      | Biopsychosocial Evaluations for Extreme Psychological Hardship for 1601s | Bernadette H. Solorzano, Shwayne Ortiz &amp; Brenda Verastigi |
| Navarro B | RT      | Culturally Sensitive Treatments for the Latina Sexual Trauma Survivor: The weaving of liberation theology and indigenous healing practices. | Rebecca Marie Arevalo |</p>
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| Lantana | PR     | 1. Perceptions of Interethnic Dating Among College Students  
2. Qualitative Analysis of Latina Adolescents’ Beliefs and Expectations about Romantic Relationships  
3. Teenage pregnancy amongLatinas: ethnic identity development and motherhood                                                                 | 1. Elisa Méndez & Melanie Domenech-Rodríguez  
2. Marsha Tafoya, Rene Galliher & Anne Cordero  
3. Diana P Ortiz                                                                                                                                 |
| Encino  | SYM    | Behavioral Activation: A treatment Approach for Latinas with Depression                                                                                                                                 | Azara L Santiago-Rivera, Jonathan Kanter, Gregory Benson & Gabriela Dieguez                                                                                                                                    |
| Sabino  | SYM*   | Resilience and Strength of Immigrant Latinas within the context of domestic violence  
1. Immigrant Latina Women in the United States: Ecological Considerations for Domestic Violence Intervention  
2. The Experience of Latinas Who Stay in Relationships with Histories of Violence: Implications for Culturally Relevant Interventions  
3. Setting the Stage for Resilient Latinas to End Intergenerational Violence | Chair: Julia Perilla  
1. R. Lillianne Macías  
2. Josephine Vásquez Serrata  
3. Alvina Rosales                                                                                                                                 |
| Madero  | SYM*   | Created by, staffed by, and serving Latinas and their children: Lessons Learned at Los Niños Services  
1. Professional Development of Latina Professionals – La Esperanza y La Realidad  
2. Leadership Development of Latinas – Un Cuento Personal de la Lucha Liderazgo y Exito  
3. The Dream of Creating a Model Latina/o Organization Helping Children and Families | Chair: Scott Mesh  
1. Damaris N. Santiago  
2. Edita Diaz  
3. Scott Mesh                                                                                                                                 |
| Carranza| SYM*   | The role of race and skin color in Latinas self-concept                                                                                                                                             | Chair: Silvia L. Mazzula Eugenia Wilkins & Melissa Grant                                                                                                                                                   |
| Navarro B | RT     | Immigrant Children Affirmative Network: Promoting the Well-Being of Unaccompanied Immigrant Youth                                                                                                 | Virginia Alfonso Rachel Becker                                                                                                                                                                               |
6:00-6:50  Saturday Evening Poster Session & Social** (separate list of titles, authors, and rooms will be provided)

7:00-11:00  Dinner, Awards Reception, and Dance (Navarro)